

UM Office of Sports Affairs ACTIVITIES HIGHLIGHTS

<https://sports.osa.umac.mo/sports-activities/>

	Date	Time	Activity	Venue
SEP 2017	06, 13, 20, 27	17:00-18:00 (A) 18:00-19:00 (B)	Aerial Yoga Interest Course Class A & B	(N8) Activity Room
	11, 18, 25 (A) 16, 23, 30 (B)	18:00-19:00 (A) 11:00-12:00 (B)	Tai Chi Interest Course Class A & B	(N8) Dance Room
	12, 15, 19, 22, 26, 29	19:00-20:30 (A) 20:30-22:00 (B)	Squash Interest Course Class A & B (UMSU Squash Club)	(N8) Squash Courts
	12, 19, 26 (A) 13, 20, 27 (B)	13:00-14:30 (A) 14:30-16:00 (B)	Fitness Room Users Introductory Course	(N8) Fitness Room
	13, 20, 27 (A) 15, 22, 29 (B)	18:00-19:00 (A1) 19:00-20:00 (A2) 19:00-20:00 (B1) 20:00-21:00 (B2)	Yoga Interest Course Class A1, A2, B1 & B2	(N8) Dance Room
	14, 21, 28	18:00-19:30 (A) 19:30-21:00 (B)	Swimming Interest Course (A) Advanced Swimming Interest Course (B)	(N8) Swimming Pool
	15, 22, 29	19:00-21:00	Taekwondo Interest Course (UMSU Taekwondo Club)	(E31) Mutli-Function Hall / Mutli-Function Room 2
	16, 17, 23, 24	20:00-22:00	Soft Tennis Interest Course (UMSU Soft Tennis Club)	Tennis Court #2 (near W13)
	22, 29	19:00-21:00	Karate Interest Course (UMSU Karate Club)	(N8) Multi-Purpose Room
	24	15:00-20:00	Track and Field Referee Training Course	(N9) UM Stadium
OCT 2017	04, 11, 18, 25	17:00-18:00 (C) 18:00-19:00 (D)	Aerial Yoga Interest Course Class C & D	(N8) Activity Room
	04, 11, 18, 25 (A) 06, 13, 20, 27 (B)	18:00-19:00 (A1) 19:00-20:00 (A2) 19:00-20:00 (B1) 20:00-21:00 (B2)	Yoga Interest Course Class A1, A2, B1 & B2	(N8) Dance Room
	06, 13, 20, 27	19:00-21:00	Karate Interest Course (UMSU Karate Club)	(N8) Multi-Purpose Room

澳大體育事務部活動焦點 UM OSA ACTIVITIES HIGHLIGHTS

	Date	Time	Activity	Venue
OCT 2017	06, 13, 20, 27	19:00-21:00	Taekwondo Interest Course (UMSU Taekwondo Club)	(E31) Mutli-Function Hall
	07, 08	20:00-22:00	Soft Tennis Interest Course (UMSU Soft Tennis Club)	Tennis Court #2 (near W13)
	09, 16, 23 (A) 07, 14, 21 (B)	18:00-19:00 (A) 11:00-12:00 (B)	Tai Chi Interest Course Class A & B	(N8) Dance Room
	08	07:30-12:00	Charity Run of Caritas Macau	UM Campus
	08, 15, 22, 29	20:00-22:00	Korfball Interest Course (UMSU Korfball Club)	(N8) Sports Pavilion
	10, 17, 24 (A) 11, 18, 25 (B)	13:00-14:00 (A) 14:30-16:00 (B)	Fitness Room Users Introductory Course	(N8) Fitness Room
	10, 17, 24, 31	18:30-20:00	Beach Volleyball Interest Course	Beach Court (near W32)
	12, 19, 26	18:00-19:30 (A) 19:30-21:00 (B)	Swimming Interest Course (A) Advanced Swimming Interest Course (B)	(N8) Swimming Pool
	19, 24, 26, 31	19:30-21:00	Table Tennis Interest Course (UMSU Table Tennis Club)	(N8) Table Tennis Room
NOV 2017	01, 04, 08, 11, 15, 18, 22, 25	18:00-21:00 (Wed) &19:00-22:00 (Sat)	Rock Climbing Interest Course (UMSU Rock Climbing Club)	(N8) Sport Climbing Wall and Bouldering Wall
	01, 08, 15 (A) 03, 10, 17 (B)	18:00-19:00 (A1) 19:00-20:00 (A2) 19:00-20:00 (B1) 20:00-21:00 (B2)	Yoga Interest Course Class A1, A2, B1 & B2	(N8) Dance Room
	01, 08, 15, 22	17:00-18:00 (E) 18:00-19:00 (F)	Aerial Yoga Interest Course Class E & F	(N8) Activity Room
	03, 10	19:00-21:00	Karate Interest Course (UMSU Karate Club)	(N8) Multi-Purpose Room
	10, 17, 24	19:00-21:00	Taekwondo Interest Course (UMSU Taekwondo Club)	(E31) Mutli-Function Hall / Mutli-Function Room 2
	03, 10, 17, 24	18:00-19:30	Advanced Beach Volleyball Interest Course	Beach Court (near W32)
	06, 13 (A) 04, 11 (B)	18:00-19:00 (A) 11:00-12:00 (B)	Tai Chi Interest Course Class A & B	(N8) Dance Room
	07, 09	19:30-21:00	Table Tennis Interest Course (UMSU Table Tennis Club)	(N8) Table Tennis Room

澳大體育事務部活動焦點 UM OSA ACTIVITIES HIGHLIGHTS

Date		Time	Activity	Venue
NOV 2017	09, 16	18:00-19:30 (A) 19:30-21:00 (B)	Swimming Interest Course (A) Advanced Swimming Interest Course (B)	(N8) Swimming Pool
	14, 21, 28 (A) 15, 22, 29 (B)	13:00-14:00 (A) 14:30-16:00 (B)	Fitness Room Users Introductory Course	(N8) Fitness Room
DEC 2017	05, 12, 19	13:00-14:30	Fitness Room Users Introductory Course	(N8) Fitness Room

2017 UM Sports Day (25 Oct — 25 Nov, 2017)

Date	Time	Sports Event	Venue
25 Oct	14:30-16:00	Opening Ceremony	(N9) UM Stadium
25 Oct	09:30-18:00	Track and Field	(N9) UM Stadium
28 Oct	10:00-18:00	Kinball	(N8) Training Hall
28 Oct 4, 11, 18 Nov	14:00-20:00	Soccer	Mini Artificial Turf Soccer Pitch (near S9)
28 Oct 4, 11, 18 Nov	13:00-19:00	Squash	(N8) Squash Courts
28 Oct – 25 Nov	10:00-23:00	Basketball 3-on-3 and 5-on-5	Outdoor Basketball Court (N8) Training Hall (N8) Sports Pavilion
29 Oct & 5 Nov	10:00-19:00	Tennis	Tennis Courts (near W13)
30 Oct	21:00-23:00	Korfball	(N8) Sports Pavilion
5 Nov	18:00-21:00	Handball	(N8) Sports Pavilion
5 Nov	10:00-19:00	Rock Climbing	(N8) Sport Climbing Wall and Bouldering Wall
5, 12 Nov	10:00-19:00	Volleyball	(N8) Training Hall
8 Nov	14:00-16:00	Staff-Student Basketball Match	(N8) Sports Pavilion
11, 12, 18, 19 Nov	10:00-19:00	Badminton	(N8) Badminton Hall (N8) Training Hall
12 Nov	10:00-19:00	Archery	Archery Range (near W33)
12 Nov	10:00-15:00	Canoe	Nam Van Lake (Macao)
14, 17 Nov	19:00-23:00	Table Tennis	(N8) Table Tennis Room
19 Nov	10:00-15:00	Dragon Boat	Nam Van Lake (Macao)
25 Nov	16:00-18:00	Closing Ceremony	(N8) Sports Pavilion